

PRINCIPLES TO PAIRING BEEF WITH ALCOHOL

SIMPLE SENSES

Your smell is the strongest sense, so use this to your advantage. Take a few short sniffs of the wine to get a good hint of the flavor profile. Don't forget your other senses though. Mouthfeel is important to determine the "weight" or "body" of the drink and the dish be similar.

POWER MATCHING

You can't go wrong matching a flavor of the drink with flavor of the dish. Robust flavors should be paired with a robust wine. A general rule-of-thumb is the beefier flavor the dish or cut has, the more robust or flavorful beverage you'll want. You also can't go wrong if you match the dish's region with a drink from the area.

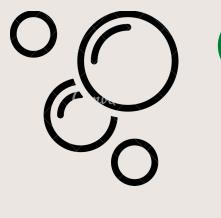
BALANCE THE SCALES

If you have a spicy dish, a high alcohol content drink will keep your mouth on fire while balancing it with something smoother and lower alcohol content will balance the heat. A dish like creamy pasta would be best with a





lighter drink as it will help cut through the flavors.



SCRUB THE BUBBLES

With wine, the drier the drink, the better it matches with fattier cuts.





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USE IT IN THE DISH

Whatever you use to cook, whether it's beer or wine, should be something that you would want to pair and drink with the meal.

GO OUT OF THE BOX

When it comes down to it, it's all about your personal preference. Be brave and try your own pairings! If you're hosting a party, know your audience and their preferences (or ask their preferences). Finally, don't be afraid to experiment and try different dishes and drinks!

CREATED BY THE ND BEEF COMMISSION